



## myYouthLeader Coaching

### 10 Session Outline

As leaders we need to be developing not only within ourselves, but also in our leadership. Coaching is about helping the 'coachee' to be able to reflect, ask questions, learn new skills and find for themselves better ways of progressing themselves and their leadership forward.

The model of coaching that we use is based on the **COACH** model. Suggested timing for the 10 sessions, is fortnightly for the first 3 session and then every 4 weeks thereafter.

Session	What's covered
Session 1	<p><b>Setting</b> up the Coaching relationship:</p> <ul style="list-style-type: none"> <li>· Understanding what coaching is.</li> <li>· Setting expectations of the coaching relationship</li> </ul> <p><b>Discovering who the coachee is:</b> Background; strengths and challenges; skills and giftings; Leadership journey; and spiritual journey; personal goals; what inspires and what challenges;</p> <p>Develop 'The Wheel Development' tool. What are the important areas of the coachee's life? Coachee to complete a questionnaire for the next session based around goals and their future, and the future of their Youth Ministry.</p>
Session 2	<p><b>Discover the Youth Ministry:</b> Gain an understanding of the Youth Ministry that the Coachee is leading/involved in, and the leadership team they are leading.</p> <p>Do they have goals? Short term &amp; long term? <b>Discover</b> strategic thinking and planning</p> <p>What is happening now? What is the dream for the future? What needs to happen to realise their future?</p>

Session 3	<b>Develop a plan for the coaching time</b> based on the responses in the Questionnaire and discussion in Week 1 & 2. What are the big things that the coachee believes need to be addressed – both personally and in the youth ministry.
Session 4	<b>Develop a plan</b> to address: Goals for the Coachee – personally & in leadership Goals for the Youth Ministry
Session 5 – 8	<b>Develop and deliver</b> strategies to begin to achieve the goals
Session 7	<b>Re-evaluate</b> the Coachee’s ‘Wheel of Development’ and discuss any challenges or issues that need to be addressed. <b>Develop</b> a plan for the coachee to continue using the Development Wheel in the future.
Session 9	<b>Evaluate</b> the progress of the coachee and develop changes for the future.
Session 10	<b>Develop</b> future plans and an intentional way forward  <b>Final evaluation and conclude</b> the coaching relationship.

**Cost: \$1100 inc GST (non-members) or \$880 inc GST (members)**

This price is for an individual or for up to 4(four) members of your leadership team

***Membership is free at [myYouthLeader.com.au](http://myYouthLeader.com.au)***